**Body Circumference**

**Session = 1**

Weight =

Right Arm Measurement =

Stomach Circumference =

Right Thigh Measurement =

**Session = 6**

Weight =

Right Arm Measurement =

Stomach Circumference =

Right Thigh Measurement =

**Session = 12**

Weight =

Right Arm Measurement =

Stomach Circumference =

Right Thigh Measurement =